



Online Registration

Required Annually @lakelandhawks.org

Sports Physical or Interim

Sports Physical- required for all NEW LHS athletes & again in the 11th grade Interim Form-required on the years you do not turn in a physical (usually 10th and 12th)



Paid ASB

Required Annually \$40 to Lakeland High School



Impact Test

Required for all NEW athletes & again in the 11th grade. See athletic trainer Ms. Cox with questions (megan.cox@lakeland272.org)

HELP? or Questions? Contact Amy Fortin amy.fortin@lakeland272.org